



ARLINGTON
VIRGINIA

DEPARTMENT OF PARKS
AND RECREATION

NFL Youth Flag Football Coaches Meeting 8.20.2020

Staff Introductions

- Greg Anselene
 - Manager of Sports Leagues and Field Management, Athletic and Facility Services
- Tyler Remerow
 - Sports Programming Specialist, AFS
 - League Commissioner, Coed Grades 1-6
- Patrick Leonard
 - Sports Programming Specialist, AFS
 - League Commissioner, Girls 6-12 & Coed Grades 7-12



Agenda

- Program Overview
- Team Formation/Roster Information
- COVID Guidelines
- Practices
- Rules
- Staff Info
- Questions/Wrap-Up



Program History

- Program entering 14th year
 - Affiliated with NFL Flag Football
- Among the largest DPR Administered Youth Sports
 - 1300+ participants and 114 teams in 2019
 - One of the nation's largest NFL Flag programs
- Fastest Growing Youth Sport in Arlington County
- Defending 2020 13/14U National Champions



Team Formation

- Team rosters consist of 10-12 players (may expand upon coach request)
- Players requested specific team/coach at time of registration
 - Preference given to returning players from 2019 season
- Players without requests will be placed on teams based on school/location when possible
- Team rosters released to coaches August 26
- Coach notifies players of placement by August 28
- All players must play equal amounts of time



League Information

- September 14th- November 15th
- League Divisions
 - Coed Leagues - Grades 1, 2, 3, 4, 5, 6, 7, 8, 9-12
 - Girls Leagues - Grades 6-8 and 9-12
- Players can play a division up
- Registration Fee includes NFL jersey, flag belt, and team footballs
- Starting with Practices Only



Coronavirus Guidelines

- Guidance taken from:
 - [Forward Virginia](#)
 - Centers for Disease Control (CDC)
 - National Council for Youth Sports (NCYS) RTP
- In coordination with local jurisdictions and other leagues' best practices.
- Aligns with VHSL
- Focus on skills and safety
- Formed with child mental and physical well-being in mind



Coronavirus Guidelines- Entry/Exit

- Before Arrival
 - Self-assess symptoms
 - Take temperature
- Equipment
 - Label & Secure in a bag
- Park Entry
 - Stay away until start time
 - Allow for field to clear
 - Masks Required
- Practice Check-in
 - Attendance taken
 - Health Screening Questions



Coronavirus Guidelines- Football Activity

- Maintain Social distancing during meetings and drills
- Coaches wear masks
- COVID-Coach required on-site
 - Must be different than Head Coach
- Sanitation of shared equipment between drills
- No Scrimmages or Game-like scenarios that do not allow for social distancing
- Mouthguards
- Fans will be limited to 2 guardians per child



COVID QUESTIONS?

Use the question bubble at top of your screen

If on a mobile device, it is blue and along the left-hand side



Coaching

- Volunteer Coaches
- COVID Coach
 - Responsible for health screening check-in
 - Responsible for sanitation of shared equipment
 - Responsible for helping maintaining social distancing
 - Does not need to be the same person but must be registered and background checked.
- No experience necessary
- Interested individuals should register online



Practices

- Practice Request Forms sent to coaches via email on August 26
- Forms due to DPR scheduling by 5:00pm on Monday, September 2
- Permits sent to coaches via email by COB on Friday, September 11
- Practices begin on Monday, September 14
- Coaches may request a change in day between preseason and regular season
 - Will attempt to accommodate



Practices

- Equipment Requirements
 - Mouthguards required
 - Shorts with no pockets or taped pockets
 - Personal Equipment needs to be sanitized prior to shared use.
- Weather Alert Line
 - 703-228-4715
 - Sign-up for Text Updates with [Arlington Alert](#)
- Playing Time
 - All players must practice equal amounts of time
 - Players should have an opportunity to learn different positions. This model is a great opportunity for players to learn/try new positions.



Resources

- <https://nflflag.com/resources>
 - Playbooks
 - Complete rulebooks
- [CDC Heads Up Concussion Training](#)
 - Free Certification Training
 - Mobile Game App for Kids



Regional Teams

- Permitted via affiliation with NFL Flag
- Must Follow DPR COVID Guidelines
- NFL Flag is still planning on having Regional Tournaments
- These teams are outside of the DPR program
- Coaches/players responsible for all costs associated with teams
- Teams created/formed by interested coaches
 - DPR will provide tryout space and time to teams
 - DPR will assist in registering teams with NFL Flag
 - DPR does not play any role in player selection/assignment



Additional Questions and Information

- Commissioner for Coed Grades 1-6
 - Tyler Remerow
 - tremmerow@arlingtonva.us
 - 703-228-1808
- Commissioner for Girls and Coed 7-12
 - Patrick Leonard
 - Pmleonard@arlingtonva.us
 - 703-228-1818
- [Visit Our New Website](#)



Thank You Coaches!



Arlington Flag Football 2020